



# INSULATED R19 TSTUD™

**A COST-EFFECTIVE, THERMAL BREAK  
HIGH-PERFORMANCE FRAMING SOLUTION FOR  
BUILDERS WHO WANT TO BUILD BETTER.**

## AT A GLANCE:

98% complete thermal break  
through the wall assembly using  
R19 top and bottom plates.

3x stronger than a standard 2x6.

Doubles as a sound break by  
reducing sound transmission  
through wall assemblies.

Meets or exceeds 2021 IECC and  
Canadian Step Code energy  
performance criteria.

Simplifies electrical.  
No drilling, simply puncture  
through the foam filled truss  
system.

## 2x6

### 5.5" R19 Tstud™

Certified to hold 3600# in axial load with a  
#2 SPF bottom plate

Certified to hold 5600# in axial load with a  
LSL or LVL bottom plate

Lengths Available:  
92 5/8", 8', 104 5/8", 9', 10', 12', 14' and 16'

STANDARD 2X6

## R-6.8

**vs.**

R19 TSTUD

## R-19

**~24-75% REDUCTION IN HEATING +  
COOLING COSTS**

*Depending on insulation choice and ACH*

Compatible with any insulation,  
batts, blown-in or spray foam  
insulation.



5.5" R19 Tstud w/ R21 Fiberglass Batt

Thermal Break (in)	US Imperial Effective R-Value (h*ft²F/Btu)	US Imperial U-Factor (h*ft²F/Btu)	Canadian Metric U-Factor
2.5	23.4	0.043	0.24

Wall Assembly Layer or Component	R Value
Exterior Air Film	0.17
Wood Siding	0.81
OSB Sheathing	0.55
<b>R19 Tstud</b>	<b>19</b>
Insulation	Varies
1/2" Gypsum Drywall	0.45
Interior Air Film	0.68

**HURRICANE CATEGORY 1-5 COMPLIANT | SEISMIC ZONE A-F COMPLIANT**



## Thermal Studs

**Table 5. Allowable (ASD) Compressive Load for Walls Subject to Wind Pressures**  
(SPF No. 2 R19 Tstud and SPF Top/Bottom Plate)

Stud Spacing (in)	Wall <sup>2</sup> Height (ft)	Allowable Compression Load (lb) and (Deflection Ratio)									
		Components & Cladding Wind Pressure <sup>1</sup> (psf)									
		15	20	25	30	35	40	45	50	55	60
12	8	3665 (L/3401)	3665 (L/2551)	3665 (L/2041)	3665 (L/1701)	3665 (L/1458)	3665 (L/1276)	3665 (L/1134)	3665 (L/1020)	3665 (L/928)	3665 (L/850)
	9	3665 (L/2356)	3665 (L/1767)	3665 (L/1413)	3665 (L/1178)	3665 (L/1010)	3665 (L/883)	3665 (L/785)	3665 (L/707)	3665 (L/642)	3665 (L/589)
	10	3665 (L/1698)	3665 (L/1274)	3665 (L/1019)	3665 (L/849)	3665 (L/728)	3665 (L/637)	3665 (L/566)	3665 (L/509)	3665 (L/463)	3665 (L/425)
	12	3665 (L/967)	3665 (L/725)	3665 (L/580)	3640 (L/483)	3185 (L/414)	2725 (L/362)	2270 (L/322)	1815 (L/290)	1360 (L/264)	900 (L/242)
	14	3030 (L/602)	2405 (L/451)	1780 (L/361)	1155 (L/301)	530 (L/258)	--	--	--	--	--
	16	1385 (L/399)	565 (L/300)	--	--	--	--	--	--	--	--
16	8	3665 (L/2551)	3665 (L/1913)	3665 (L/1531)	3665 (L/1276)	3665 (L/1093)	3665 (L/957)	3665 (L/850)	3665 (L/765)	3665 (L/696)	3665 (L/638)
	9	3665 (L/1767)	3665 (L/1325)	3665 (L/1060)	3665 (L/883)	3665 (L/757)	3665 (L/663)	3665 (L/589)	3665 (L/530)	3665 (L/482)	3665 (L/442)
	10	3665 (L/1274)	3665 (L/955)	3665 (L/764)	3665 (L/637)	3665 (L/546)	3665 (L/478)	3665 (L/425)	3665 (L/382)	3665 (L/347)	3310 (L/318)
	12	3665 (L/725)	3665 (L/544)	3335 (L/435)	2725 (L/362)	2120 (L/311)	1510 (L/272)	900 (L/242)	295 (L/217)	--	--
	14	2405 (L/451)	1570 (L/338)	735 (L/271)	--	--	--	--	--	--	--
	16	565 (L/300)	--	--	--	--	--	--	--	--	--
24	8	3665 (L/1701)	3665 (L/1276)	3665 (L/1020)	3665 (L/850)	3665 (L/729)	3665 (L/638)	3665 (L/567)	3665 (L/510)	3665 (L/464)	3665 (L/425)
	9	3665 (L/1178)	3665 (L/883)	3665 (L/707)	3665 (L/589)	3665 (L/505)	3665 (L/442)	3665 (L/393)	3665 (L/353)	3665 (L/321)	3370 (L/294)
	10	3665 (L/849)	3665 (L/637)	3665 (L/509)	3665 (L/425)	3665 (L/364)	3310 (L/318)	2680 (L/283)	2055 (L/255)	1430 (L/232)	805 (L/212)
	12	3640 (L/483)	2725 (L/362)	1815 (L/290)	900 (L/242)	--	--	--	--	--	--
	14	1155 (L/301)	--	--	--	--	--	--	--	--	--

SI: 1 in = 25.4 mm, 1 psf = 0.0479 kN/m<sup>2</sup>

1. Wind pressure provided assumes Exposure Category B, Enclosed Building, Mean Roof Height 30'.

2. Walls constructed with No. 2 R19 Tstud studs and SPF top and bottom plates.

**HURRICANE CATEGORY 1-5 COMPLIANT | SEISMIC ZONE A-F COMPLIANT**



**Thermal Studs**